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This person is 13 years old with a history of tragic abuse and schizoid behavior. This Healing Protocol is after 6 months of weekly care with continued appointments with a professional counselor. Two other medications have already been tapered and removed. Overall, she has become a lot more independent, growing in ability to express her emotions and be more comfortable.

<u>PROCEDURES</u>	
Energetic-Hands Work and/or Acupuncture – Once a week (Schedule with Jean or Gabriella)	Sets the stage for the body to heal at energetic as well as physical level.
<u>MEDICINES</u>	
DECREASE <u>Pharmaceutical</u> –Risperdal to ¾ mg at night	Mood
MAINTAIN <u>Pharmaceutical</u> - Depakote ER evening dosing to 500mg	Mood
MAINTAIN <u>Dietary Supplement</u> - Vitamin C 2 grams/day Take part of dose at night Will be increased over time to 5-10 grams per day	Maintains a significantly elevated Vitamin C level in the bloodstream.
MAINTAIN <u>Dietary Supplement</u> – Two forms Vitamin B3 Niacinamide (can cause flushing) – 2 cap 2x/day Niasafe-600 – 2 cap 2x/day (similar to 4g per day)	It has been well documented that individuals with your symptoms have been helped high doses of vitamin B3.
MAINTAIN <u>Dietary Supplement</u> – High potency B-complex vitamin with high B6 B- Complex #6 – One cap 3 times per day (similar to 600mg per day)	Your condition requires high levels of B-6. This is to help facilitate the conversion of the amino acid, tryptophan to the appropriate neurotransmitters.
MAINTAIN <u>Dietary Supplement</u> - Multivitamin	Contains higher nutrient amounts in a form that is easy absorbed and of a quality that is required.
MAINTAIN <u>Dietary Supplement</u> - Fish Oil 2 teaspoon 2x/day (as 1tsp = 1 gm (600 EPA & 400 DHA)	Establish cellular function and neurotransmitter communication